

I Love You All The Colors is a beautiful song written to share the journey of colors all around us and emotions. With the emotion dice, children can take turns to roll the dice and talk about the situations relevant to the emotion graphic. The beauty is that the dice can also be customized to the child and emotional maturity level!

Supplies Needed

Printable provided

Scissors

Glue

Directions

Cut out the dice

Fold along all the lines

Glue it together

Roll dice and talk about each emotion

Questions you can ask with these feelings

Describe how your body feels when you feel this emotion

Act out what this emotion looks like

Name one thing you can do when you feel this emotion

Describe the emotion

Name something that makes you feel this emotion



As you work on this craft, listen to I Love You All The Colors

Conversation starters

What made you feel happy today?

What made you feel worried today?

What made you feel grateful today?

What made you feel sad today?