

Start At The Start

Start At The Start from Hill Stookey shares the story of starting on our journey. We need to take that first step, which tends to be the hardest. With this printable, we allow children to take some time to break that into parts. What is the latest goal they are working towards? How can they start it? This step-by-step process will enable them to ask for support in an approachable way.

Supplies Needed

Printable provided

Markers

**ONE STEP AT A
TIME**

**WRITE WHAT YOU NEED TO
START SOMETHING NEW**



Directions

Have the child think of something new they are trying to learn or a journey they are starting on.
Have them fill out the steps with what they need to do to make that happen!

As you work on this craft, listen to Start At The Start

Conversation starters

1. What are your goals for the next year?
2. Is there anything you would like to learn?
3. What do you find really easy to do?
4. What can you teach others?
5. What motivates you?